

**SCHEDULING STATUS [S0]****PRO-B REPLENISH SACHET****PHARMACEUTICAL CLASSIFICATION:**

Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

**Pro-B Replenish** is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

**READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT  
CONTAINS IMPORTANT INFORMATION FOR YOU**

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

**ACTIVE INGREDIENTS PER SACHET**

Saccharomyces Boulardii	10 billion CFU's*
Raftilose (Fructo-oligosaccharide)	100mg
Sodium Chloride	1000mg providing 400mg elemental Sodium
Potassium Chloride	400mg providing 200mg elemental Potassium
Magnesium Lactate	500mg providing 44mg elemental Magnesium

Inactives: Raspberry Flavouring, Stevia, Citric Acid, Malic Acid, Silicon Dioxide

\*CFU's = Colony Forming Units

**BEFORE YOU TAKE PRO-B REPLENISH:**

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

**WHAT PRO-B REPLENISH IS USED FOR:**

A unique formulation to help assist in restoring the intestinal flora.

**PREGNANCY AND BREASTFEEDING:**

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

**DIRECTIONS:**

Adults: Take 250ml of reconstituted Pro-B Replenish three times a day as needed, or directed by a healthcare provider

Children from 1 year old: Take 50 – 250ml of reconstituted Pro-B Replenish as needed, or as directed by a healthcare provider. Children under 2 years old should be given small amounts at a time.

**Do not use warm water to dissolve the powder.**

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

**POSSIBLE SIDE-EFFECTS:**

Gastrointestinal upset: Nausea, abdominal pain, constipation, diarrhoea, vomiting, poor appetite.

Not all side effects reported for Pro-B Replenish are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor, pharmacist, or other healthcare provider for advice.

**HOW TO STORE AND DISPOSE PRO-B REPLENISH:**

Store all medicines out of reach of children.

Store at or below 25°C in a cool, dry place.

Keep the container tightly closed.

Do not use this medicine after the expiry date shown on the label.

Return all unused or expired medicine to your pharmacist for safe disposal.

**PRESENTATION:**

Box of 5 sachets

White powder, raspberry flavour

**NAME AND BUSINESS ADDRESS OF THE APPLICANT:**

BFC Pharmaceuticals cc  
P.O Box 1581  
Kloof  
3640  
South Africa

**DATE OF PUBLICATION**

January 2025

**IDENTIFICATION:**

**SKEDULERINGSTATUS [S0]****PRO-B REPLENISH SAKKIES****FARMASEUTIESE KLASIFIKASIE:**

Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

**Pro-B Replenish** is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnostise, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

**LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT**

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

**AKTIEWE BESTANDDELE PER SAKKIE**

Saccharomyces Boulardii	10 miljard CFU's*
Raftilose (Fructo-oligosaccharide)	100mg
Natrium (as Natriumchloried)	1000mg wat 400mg elementêre Natrium verskaf
Kalium (as Kaliumchloried)	400mg wat 200mg elementêre Kalium verskaf
Magnesium (as Magnesiumlaktaat)	500mg wat 44mg elementêre Magnesium verskaf

Onaktiewe bestanddele: Framboos geur, Stevia, Sitroen Suur, Appelsuur Silikondioksied

\*CFU's = Kolonievormende Eenhede

**VOORDAT U PRO-B REPLENISH GEBRUIK:**

- As u ander aanvullings gebruik, lees die etiket, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

**WAARVOOR PRO-B REPLENISH GEBRUIK WORD:**

'n Unieke formulasie om te help met die herstel van die dermflora.

**SWANGERSKAP EN BORSVOEDING:**

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

**GEBRUKSAANWYSINGS:**

Volwassenes: Neem 250ml gerekonstitueerde Pro-B Replenish drie keer per dag soos nodig, of deur 'n gesondheidsorgverskaffer aangedui.  
Kinders vanaf 1 jaar oud: Neem 50 – 250ml gerekonstitueerde Pro-B Replenish soos benodig, of soos aangedui deur 'n gesondheidsorgverskaffer.  
Kinders onder 2 jaar oud moet klein hoeveelhede op 'n slag gegee word.

**Moenie warm water gebruik om die poeier op te los nie.**

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

**MOONLIKE NEWE-EFFEKTE:**

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle newe-effekte is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u doktor, apteker of ander gesondheidsorgverskaffer raadpleeg vir advies.

**HOE OM PRO-B REPLENISH TE STOOR EN WEG TE GOOI:**

Bêre alle medisyne buite die bereik van kinders.

Bêre dit of onder 25°C in 'n koel, droë plek.

Hou diehouer stewig toegesluit.

Moenie die medisyne gebruik na die verval datum nie.

Gee alle ongebruikte vervalde medisyne terug aan u apteker vir veilige verwydering.

**AANBIEDING:**

Boks van 5 Sakkies

**IDENTIFIKASIE:**

Wit poeier, framboos geur

**NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:**

BFC Pharmaceuticals cc

Posbus 1581

Kloof

3640

Suid-Afrika

**DATUM VAN PUBLIKASIE**

January 2025