

SCHEDULING STATUS [S0]**MN PREMIUM WEIGHT SMART TABLETS****PHARMACEUTICAL CLASSIFICATION:**

Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

MN Premium Weight Smart is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

ACTIVE INGREDIENTS PER TABLET

Berberis® (Berberine Phytosome® as Berberine from Berberis aristata)	275mg
Vazguard® (Bergamot Phytosome® as Bergamot Polyphenols)	500mg
Chromium	97mcg (elemental)

BEFORE YOU TAKE MN PREMIUM WEIGHT SMART:

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.
- Speak to your doctor if you are on anti-hypertensive or anti-diabetic medication.

WHAT MN PREMIUM WEIGHT SMART IS USED FOR:

A premium combination of clinically researched ingredients to assist with weight loss and support a healthy metabolism.

Berberis® - Berberine Phytosome® is an innovative, food-grade ingredient from the roots of Berberis aristata. It sports a new custom Phytosome® formulation, optimizing by 10-fold the bioabsorption.

Vazguard® - Bergamot Phytosome® is the innovative purified Bergamot Polyphenols Fraction formulated with Phytosome® technology to improve bioavailability and optimise biological absorption of bergamot polyphenols.

Berberis® and Vazguard® are Registered Trademarks of Indena S.P.A., Italy

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

DIRECTIONS:

Adults: Take two (2) tablets daily.

Do not exceed the daily recommended dose.

This product is not recommended for children.

May assist with weight loss when used with increased physical activity and an energy-reduced diet in healthy individuals. Do not use continuously for more than two (2) months without consulting your relevant health care provider. This product is not intended to prevent or treat obesity.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

POSSIBLE SIDE-EFFECTS:

Gastrointestinal upset: Nausea, vomiting, abdominal pain, constipation, diarrhoea, poor appetite.

Not all side effects reported are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor, pharmacist, or other healthcare provider for advice.

HOW TO STORE AND DISPOSE MN PREMIUM WEIGHT SMART:

Store all medicines out of reach of children.

Store at or below 25°C in a cool, dry place.

Keep the container tightly closed.

Do not use this medicine after the expiry date shown on the label.

Return all unused or expired medicine to your pharmacist for safe disposal.

PRESENTATION:

Container of 60 Tablets

IDENTIFICATION:

Gold coated oblong tablet

NAME AND BUSINESS ADDRESS OF THE APPLICANT:

BFC Pharmaceuticals cc

P.O Box 1581

Kloof

3640

South Africa

DATE OF PUBLICATION

March 2024

SKEDULERINGSTATUS [S0]

MN PREMIUM WEIGHT SMART TABLETTE

FARMASEUTIESE KLASSIFIKASIE:

Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

MN Premium Weight Smart is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDDELE PER TABLET

Berberis® (Berberine Phytosome® as Berberine van Berberis aristate)	275mg
Vazguard® (Bergamot Phytosome® as Bergamot Polyphenols)	500mg
Chroom	97mcg (elementêr)

VOORDAT U MN PREMIUM WEIGHT SMART GEBRUIK:

- As u ander aanvullings gebruik, lees die etiket, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.
- Praat met jou dokter as jy bloeddruk of bloedsuiker medikasie gebruik.

WAARVOOR MN PREMIUM WEIGHT SMART GEBRUIK WORD:

'n Premium kombinasie van klinies nagevorsde bestanddele om te help met gewigsverlies en 'n gesonde metabolisme te ondersteun.

Berberis® - Berberine Phytosome® is 'n innoverende, voedselgraad bestanddeel uit die wortels van Berberis aristata, met tien keer hoër biabsorpsie.

Vazguard® - Bergamot Phytosome® is die innoverende gesuiwerde Bergamot Polifenole Fraksie geformuleer met Phytosome® tegnologie om biobeskikbaarheid te verbeter en biologiese absorpsie van bergamot polifenole te optimaliseer.

Berberis® en Vazguard® is Geregistreerde Handelsmerke van Indena S.P.A., Italië

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINGS:

Volwassenes: Neem twee (2) tablette daaglik.
Moenie die daaglikse aanbevole dosis oorskry nie.
Hierdie produk word nie aanbeveel vir kinders nie

Kan help met gewigsverlies wanneer dit gebruik word met verhoogde fisiese aktiwiteit en 'n energie verminderde dieet by gesonde individue. Moenie langer as twee (2) maande aaneenlopend gebruik sonder om jou relevante gesondheidsorgverskaffer te raadpleeg nie. Hierdie produk is nie bedoel om vetsug te voorkom of te behandel nie.

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gfsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle neue-effekte wat aangemeld is, is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u dokter, apteker of ander gesondheidsorgverskaffer raadpleeg vir advies.

HOE OM MN PREMIUM WEIGHT SMART TE STOOR EN WEG TE GOOI:

Bêre alle medisyne buite die bereik van kinders.
Bêre dit by of onder 25°C in 'n koel, droë plek.
Hou die houer stewig toegesluit.
Moenie die medisyne gebruik na die vervaldatum nie.
Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:

Houer van 60 Tablette

IDENTIFIKASIE:

Goud bedekte, langwerpige tablet

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:

BFC Pharmaceuticals cc
Posbus 1581
Kloof
3640
Suid-Afrika

DATUM VAN PUBLIKASIE

Maart 2024