PATIENT INFORMATION LEAFLET

SCHEDULING STATUS [S0]

MN PREMIUM VIRAL C PLEX 150 CAPSULES

PHARMACEUTICAL CLASSIFICATION:
Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

MN Premium Viral C Plex is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU
Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

ACTIVE INGREDIENTS PER VEGETARIAN CAPSULE

Quercetin	75mg
Vitamin C (Ascorbic Acid)	250mg
Vitamin D3 (Cholecalciferol)	12.5mcg (500IU)
Selenium	50mcg
Zinc Gluconate	89mg providing 12.5mg elemental Zinc

BEFORE YOU TAKE MN PREMIUM VIRAL C PLEX:

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

WHAT MN PREMIUM VIRAL C PLEX IS USED FOR:
Immune booster.

PREGNANCY AND BREASTFEEDING:
If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

DIRECTIONS:
Adults: Take two (2) capsules daily.
Do not exceed the daily recommended dose.
This product is not recommended for children unless under direct supervision of a healthcare provider.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

POSSIBLE SIDE-EFFECTS:
Gastrointestinal upset: Nausea, vomiting, abdominal pain, constipation, diarrhoea, poor appetite.

Not all side effects reported are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor, pharmacist, or other healthcare provider for advice.

HOW TO STORE AND DISPOSE MN PREMIUM VIRAL C PLEX:
Store all medicines out of reach of children.
Store at or below 25^{o}C in a cool, dry place.
Keep the container tightly closed.
Do not use this medicine after the expiry date shown on the label.
Return all unused or expired medicine to your pharmacist for safe disposal.

PRESENTATION:
Container of 60 Vegetarian Capsules

IDENTIFICATION:
Light blue, vegetarian capsule containing white powder.

NAME AND BUSINESS ADDRESS OF THE APPLICANT:
BFC Pharmaceuticals cc
P.O Box 1581
Kloof
3640
South Africa

DATE OF PUBLICATION
October 2024

PASIëNTINLIGTINGSBROSJURE

SKEDULERINGSTATUS [S0]

MN PREMIUM VIRAL C PLEX 150 KAPSULES

FARMASEUTIESE KLASSIFIKASIE:
Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

MN Premium Viral C Plex is ŉ gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT
Beskikbaar sonder ŉ doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDDELE PER VEGETARIESE KAPSULE

Quercetin	75mg
Vitamien C (Askorbiensuur)	250mg
Vitamien D3 (Cholecalciferol)	12.5mcg (500IU)
Selenium	50mcg
Sink Gluconaat	89mg wat 12.5mg elementêre Sink verskaf

VOORDAT U MN PREMIUM VIRAL C PLEX GEBRUIK:

- As u ander aanvullings gebruik, lees die etiket, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

WAARVOOR MN PREMIUM VIRAL C PLEX GEBRUIK WORD:
Immuunfunksie te ondersteun.

SWANGERSKAP EN BORSVOEDING:
Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINGS:
Volwassenes: Neem twee (2) kapsules daagliks.
Moenie die daaglikse aanbevole dosis oorskry nie.
Hierdie produk word nie aanbeveel vir kinders nie, tensy onder direkte toesig van ŉ gesondheidsorgverskaffer.

In geval van ŉ oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie ŉ dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:
Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle newe-effekte wat aangemeld is, is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u doktor, apteker of ander gesondheidsorgverskaffer raadpleeg vir advies.

HOE OM MN PREMIUM VIRAL C PLEX TE STOOR EN WEG TE GOOI:
Bêre alle medisyne buite die bereik van kinders.
Bêre dit by of onder 25ºC in ŉ koel, droë plek.
Hou die houer stewig toegesluit.
Moenie die medisyne gebruik na die vervaldatum nie.
Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:
Houer van 60 Vegetariese Kapsules

IDENTIFIKASIE:
Ligte blou vegetariese kapsule wat wit poeier bevat.

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:
BFC Pharmaceuticals cc
Posbus 1581
Kloof
3640
Suid-Afrika

DATUM VAN PUBLIKASIE
Oktober 2024