

SCHEDULING STATUS [S0]

MN PREMIUM KIDS MULTI-VITAMIN GUMMIES

PHARMACEUTICAL CLASSIFICATION:

Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

MN Premium Kids Multi-Vit is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

ACTIVE INGREDIENTS PER GUMMY

Vitamin A	220mcg (733IU)
Vitamin B2 (Riboflavin)	30mcg
Vitamin B3 (Nicotinamide)	4mg
Vitamin B6 (Pyridoxine)	0.7mg
Vitamin B12	0.8mcg
Vitamin C (Ascorbic Acid)	10mg
Vitamin D3 (Cholecalciferol)	4mcg (160IU)
Vitamin E	3mg (3IU)
Folic Acid	100mcg
Biotin	1.7mcg
Calcium	0.3mg (elemental)
Copper	3mcg (elemental)
Magnesium	0.17mg (elemental)
Zinc	0.3mg (elemental)

Inactives: Water, Sugar, Glucose, Pectin, Citric Acid, Natural Raspberry Flavouring

ALLERGEN: This product has been manufactured and packed in a facility that uses tree nuts, fish and soya

BEFORE YOU TAKE MN PREMIUM KIDS MULTI-VIT:

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

WHAT MN PREMIUM KIDS MULTI-VIT IS USED FOR:

Essential vitamins and minerals to support everyday healthy growth and development.

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

DIRECTIONS:

Children from 2 years old (who can chew without choking): Chew two (2) gummies daily.

Do not exceed the daily recommended dose.

Parents/Guardians should take care to prevent choking.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

POSSIBLE SIDE-EFFECTS:

Gastrointestinal upset: Nausea, abdominal pain, constipation, diarrhoea, vomiting, poor appetite.

Not all side effects reported are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this

medicine, discontinue use immediately and please consult your doctor, pharmacist, or other healthcare provider for advice.

HOW TO STORE AND DISPOSE MN PREMIUM KIDS MULTI-VIT:

Store all medicines out of reach of children.

Store at or below 25°C in a cool, dry place.

Keep the container tightly closed.

Do not use this medicine after the expiry date shown on the label.

Return all unused or expired medicine to your pharmacist for safe disposal.

PRESENTATION:

Container of 60 Gummies

IDENTIFICATION:

Colour: Yellow

Shape: Bear

Flavour: Raspberry

NAME AND BUSINESS ADDRESS OF THE APPLICANT:

BFC Pharmaceuticals cc

P.O Box 1581

Kloof

3640

South Africa

DATE OF PUBLICATION

March 2024

SKEDULERINGSTATUS [S0]

MN PREMIUM KIDS MULTI-VITAMIN GUMMIES

FARMASEUTIESE KLASSIFIKASIE:

Komplementêre Medisyne D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

MN Premium Kids Multi-Vit is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDDELE PER GUMMY

Vitamiën A	220mcg (733IU)
Vitamiën B2 (Riboflaviën)	30mcg
Vitamiën B3 (Nikotinamied)	4mg
Vitamiën B6 (Piridoksien)	0.7mg
Vitamiën B12	0.8mcg
Vitamiën C (Askorbiensuur)	10mg
Vitamiën D3 (Cholecalciferol)	4mcg (160IU)
Vitamiën E	3mg (3IU)
Foliensuur	100mcg
Biotien	1.7mcg
Kalsium	0.3mg (elementêre)
Kopper	3mcg (elementêre)
Magnesium	0.17mg (elementêre)
Sink	0.3mg (elementêre)

Onaktiewe bestanddele: Water, Suiker, Glukose, Pektien, Sitroensuur, Natuurlike Framboos Geursel

ALLERGEEN: Hierdie produk is vervaardig en verpak in n fasiliteit wat boomneute, vis en soja gebruik.

VOORDAT U MN PREMIUM KIDS MULTI-VIT GEBRUIK:

- As u ander aanvullings gebruik, lees die inligtingsblad, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

WAARVOOR MN PREMIUM KIDS MULTI-VIT GEBRUIK WORD:

Essensiële vitamieën en minerale om alledaagse gesonde groei en ontwikkeling te ondersteun.

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINGS:

Kinders vanaf 1 jaar oud (wat kan kou sonder om te verstik): Kou twee (2) gummies daaglik.

Moenie die daaglikse aanbevole dosis oorskry nie.

Ouers/Voogde moet versigtig wees om verstikking te voorkom.

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle nuwe-effekte wat aangemeld is, is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u dokter, apteker of ander gesondheidsorgverskaffer raadpleeg vir advies.

HOE OM MN PREMIUM KIDS MULTI-VIT TE STOOR EN WEG TE GOOI:

Bêre alle medisyne buite die bereik van kinders.

Bêre dit by of onder 25°C in 'n koel, droë plek.

Hou die houër stewig toegesluit.

Moenie die medisyne gebruik na die vervaldatum nie.

Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:

Houer van 60 Gummies

IDENTIFIKASIE:

Kleur: Geel

Vorm: Beer

Geur: Framboos

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:

BFC Pharmaceuticals cc

Posbus 1581

Kloof

3640

Suid-Afrika

DATUM VAN PUBLIKASIE

Maart 2024