

SCHEDULING STATUS [S0]**PRO-B UTI DELAYED RELEASE CAPSULES****PHARMACEUTICAL CLASSIFICATION:**

Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

Pro-B UTI is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

ACTIVE INGREDIENTS PER CAPSULE

Anthocran® Phytosome™ (Cranberry Extract)	120mg
Lactobacillus Rhamnosus	1 Billion CFU's*
Citric Acid	150mg
Sodium Citrate	120mg
Sodium Bicarbonate	120mg

*CFU's = Colony Forming Unit

BEFORE YOU TAKE PRO-B UTI:

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

WHAT PRO-B UTI IS USED FOR:

A unique combination with Anthocran® Phytosome™, designed to help support urinary health and relieve symptoms of urinary tract infections. Clinically proven to prevent recurrent urinary tract infections with long-term use.

IDENA S.P.A, Italy proprietary cranberry extract Anthocran® with Phytosome™ technology is a new health-food ingredient which improves the bioavailability and absorption of proanthocyanidins from the cranberry extract.

Anthocran® Phytosome™ has a fully characterised phytochemical profile that mimics cranberry juice.

Anthocran® Phytosome™ is a Registered Trademark of Indena S.P.A., Italy

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

DIRECTIONS:

Adults and children over 6 years old:

For acute treatment of urinary tract discomfort or urinary tract infections: Take one (1) capsule twice a day for 10 days.

For reoccurring urinary tract infections: Take one to two (1 - 2) capsule/s once a day.

Do not exceed the daily recommended dose.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

POSSIBLE SIDE-EFFECTS:

Gastrointestinal upset: Nausea, abdominal pain, constipation, diarrhoea, vomiting, poor appetite.

Not all side effects are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor, pharmacist, or other healthcare provider for advice.

HOW TO STORE AND DISPOSE PRO-B UTI:

Store all medicines out of reach of children.

Store at or below 25°C in a cool, dry place.

Keep the container tightly closed.

Do not use this medicine after the expiry date shown on the label. Return all unused or expired medicine to your pharmacist for safe disposal.

PRESENTATION:

Box of 20 Capsules

IDENTIFICATION:

Clear, delayed release, vegetarian capsule containing white powder

NAME AND BUSINESS ADDRESS OF THE APPLICANT:

BFC Pharmaceuticals cc
P.O Box 1581
Kloof
3640
South Africa

DATE OF PUBLICATION

October 2024

SKEDULERINGSTATUS [S0]

PRO-B UTI DELAYED RELEASE KAPSULES

FARMASEUTIESE KLASSEFIKASIE:

Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

Pro-B UTI is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDDLE PER KAPSULE

Anthocran® Phytosome™ (Bosbessie uittreksel)	120mg
Lactobacillus Rhamnosus	1 miljard CFU's*
Sitroensuur	150mg
Natriumsitraat	120mg
Natriumbikarbonaat	120mg

*CFU's = Kolonievormende Eenhede

VOORDAT U PRO-B UTI GEBRUIK:

- As u ander aanvullings gebruik, lees die etiket, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

WAARVOOR PRO-B UTI GEBRUIK WORD:

'n Unieke kombinasie met Anthocran® Phytosome™, ontwerp om urienweggesondheid te help ondersteun en simptome van urienweginfeksies te verlig. Klinies bewys om herhalende urienweginfeksies met voortdurende gebruik te voorkom.

IDENA S.P.A., Italië bosbessie uittreksel Anthocran® met Phytosome™ tegnologie is 'n nuwe gesondheidsvoedsel bestanddeel wat die biobeskikbaarheid en absorpsie van proantosiandiene uit die bosbessie uittreksel verbeter.

Anthocran® Phytosome™ het 'n volledig gekarakteriseerde fitochemiese profiel wat bosbessie sap naboots.

Anthocran® Phytosome™ is 'n Geregistreerde Handelsmerk van Indena S.P.A., Italië

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINS:

Volwassenes en kinders ouer as 6 jaar:

Vir akute behandeling van urienweg-ongemak of urienweginfeksies: Neem een (1) kapsule twee keer per dag vir 10 dae.

Vir herhalende urienweginfeksies: Neem een (1) kapsule een keer per dag. Moenie die daaglikse aanbevole dosis oorskry nie.

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle newe-effekte is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u dokter, apteker of ander gesondheidsorgverskaffer raadpleeg vir advies.

HOE OM PRO-B UTI TE STOOR EN WEG TE GOOI:

Bêre alle medisyne buite die bereik van kinders.

Bêre dit by of onder 25°C in 'n koel, droë plek.

Hou die houer stewig toegesluit.

Moenie die medisyne gebruik na die vervaldatum nie.

Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:

Boks van 20 Kapsules

IDENTIFIKASIE:

Deurskynend, vertraagde vrystelling, vegetariese kapsule wat wit poeier bevat

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:

BFC Pharmaceuticals cc

Posbus 1581

Kloof

3640

Suid-Afrika

DATUM VAN PUBLIKASIE

Oktober 2024