

**SCHEDULING STATUS [S0]****PRO-B CHEWS CHEWABLE TABLETS****PHARMACEUTICAL CLASSIFICATION:**

Complimentary Medicine Cat D: Health Supplement 34.9 Probiotics

**Pro-B Chews** is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

**READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU**

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

**ACTIVE INGREDIENTS PER CHEW**

| <b>Probiotics:</b>                  |                         |
|-------------------------------------|-------------------------|
| Lactobacillus Acidophilus Howaru®   | 250 million CFU's*      |
| Lactobacillus Rhamnosus Howaru®     | 250 million CFU's*      |
| Lactobacillus Salivarius Ls-33      | 250 million CFU's*      |
| Bifidobacterium Bifidum Howaru®     | 250 million CFU's*      |
| <b>Total Probiotics</b>             | <b>1 billion CFU's*</b> |
| <b>Prebiotic:</b>                   |                         |
| Raftilose (Fructo-oligosaccharides) | 250mg                   |

\*CFU's = Colony Forming Units

**BEFORE YOU TAKE PRO-B CHEWS:**

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

**WHAT PRO-B CHEWS IS USED FOR:**

Formulated to help maintain intestinal flora balance and combat imbalances caused by diarrhoea, lactose intolerance, irritable bowel syndrome, constipation and oral thrush while strengthening the body's natural defence. For use in conjunction with antibiotic therapy.

**PREGNANCY AND BREASTFEEDING:**

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

**DIRECTIONS:**

Adults & children 6 years and older: Chew one (1) tablet daily.  
Do not exceed the daily recommended dose.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

**POSSIBLE SIDE-EFFECTS:**

Gastrointestinal upset: Nausea, abdominal pain, constipation, diarrhoea, vomiting, poor appetite.

Not all side effects reported are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor or pharmacist for advice.

**HOW TO STORE AND DISPOSE PRO-B CHEWS:**

Store all medicines out of reach of children.  
Store at or below 25°C in a cool, dry place.  
Keep the container tightly closed.  
Do not use this medicine after the expiry date shown on the label.  
Return all unused or expired medicine to your pharmacist for safe disposal.

**PRESENTATION:**

Container containing 10 chewable tablets.  
Container containing 30 chewable tablets.

**IDENTIFICATION:**

Pack size 10's: White oblong chewable tablet available in strawberry flavour.  
Pack size 30's: White oblong chewable tablet available in strawberry flavour.

**NAME AND BUSINESS ADDRESS OF THE APPLICANT:**

BFC Pharmaceuticals cc  
P.O Box 1581  
Kloof  
3640  
South Africa

**DATE OF PUBLICATION**

October 2024

SKEDULERINGSTATUS [S0]

PRO-B CHEWS KOU TABLETTE

FARMASEUTIESE KLASSIFIKASIE:

Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.9 Probiotika

**Pro-B Chews** is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDELE PER KOU TABLET

| Probiotika:                         |                    |
|-------------------------------------|--------------------|
| Lactobacillus Acidophilus Howaru®   | 250 miljoen CFU's* |
| Lactobacillus Rhamnosus Howaru®     | 250 miljoen CFU's* |
| Lactobacillus Salivarius Ls-33      | 250 miljoen CFU's* |
| Bifidobacterium Bifidum Howaru®     | 250 miljoen CFU's* |
| <b>Totale Probiotika</b>            | 1 miljard CFU's*   |
| Prebiotika:                         |                    |
| Raftilose (Fructo-oligosaccharides) | 250mg              |

\*CFU's = Kolonievormende Eenhede

VOORDAT U PRO-B CHEWS GEBRUIK:

- As u ander aanvullings gebruik, lees die inligtingsblad, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

WAARVOOR PRO-B CHEWS GEBRUIK WORD:

Geformuleer om die balans van die dermflora te help handhaaf en wanbalanse wat veroorsaak word deur diarree, laktose intoleransie, prikkelbare derm sindroom, hardlywigheid en mondsproei te bekamp, terwyl dit die liggaam se natuurlike verdediging versterk. Vir gebruik in kombinasie met antibiotika terapie..

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINGS:

Volwassenes en kinders 6 jaar en ouer: Kou een (1) tablet daagliks. Moenie die daaglikse aanbevole dosis oorskry nie.

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle newe-effekte wat aangemeld is, is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u dokter of apteker raadpleeg vir advies.

HOE OM PRO-B CHEWS TE STOOR EN WEG TE GOOI:

Bêre alle medisyne buite die bereik van kinders.  
Bêre dit by of onder 25°C in 'n koel, droë plek.  
Hou die houer stewig toegesluit.  
Moenie die medisyne gebruik na die vervaldatum nie.  
Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:

Houer wat 10 tablette bevat  
Houer wat 30 tablette bevat

IDENTIFIKASIE:

10'e: Wit koubare tablet beskikbaar in aarbeigeur.  
30's: Wit koubare tablet beskikbaar in aarbeigeur.

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:

BFC Pharmaceuticals cc  
Posbus 1581  
Kloof  
3640  
Suid-Afrika

DATUM VAN PUBLIKASIE

Oktober 2024