

SCHEDULING STATUS **Sd**

LIFE'S BEST KIDS MULTIVITAMIN GUMMIES

PHARMACEUTICAL CLASSIFICATION:

Complimentary Medicine Cat D: Health Supplement 34.12 Multiple Substance Formulation

Life's Best Kids Multivitamin is a health supplement and as such has not been evaluated by the SAHPRA. This unregistered medicine is not intended to diagnose, treat, cure, or prevent any disease. Health supplements are only intended to supplement the diet or to complement health.

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

Available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

ACTIVE INGREDIENTS PER GUMMY

Vitamin A	220mcg (733IU)
Vitamin B2	30mcg
Vitamin B3	4mg
Vitamin B6	0.7mg
Vitamin B12	0.8mcg
Vitamin C	10mg
Vitamin D	4mcg (160IU)
Vitamin E	3mg (3IU)
Folic Acid	100mcg
Biotin	1.7mcg
Calcium	300mcg (elemental)
Copper AAC	3mcg
Magnesium	170mcg (elemental)
Zinc	300mcg (elemental)

Inactives: Water, Sugar, Glucose, Pectin, Citric Acid, Natural Raspberry Flavour

BEFORE YOU TAKE LIFE'S BEST KIDS MULTIVITAMIN:

- If you are taking other supplements, read the label, since these supplements may contain the same ingredients.
- Do not take if you are hypersensitive to any of the active or inactive ingredients.
- Tell your healthcare provider if you are taking any other medicines, this includes complementary or traditional medicines.

WHAT LIFE'S BEST KIDS MULTIVITAMIN IS USED FOR:

A unique daily supplement formulated with nutrients for the maintenance of good health and development.

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

DIRECTIONS:

Children from 1 year old (who can chew without choking): Chew two (2) gummies once a day after breakfast.
Do not exceed the daily recommended dose.

In the event of accidental overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Do not take a double dose to make up for missed individual doses.

POSSIBLE SIDE-EFFECTS:

Gastrointestinal upset: Nausea, abdominal pain, constipation, diarrhoea, vomiting, poor appetite.

Not all side effects reported are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and please consult your doctor or pharmacist for advice.

HOW TO STORE AND DISPOSE LIFE'S BEST KIDS MULTIVITAMIN:

Store all medicines out of reach of children.
Store at or below 25°C in a cool, dry place.
Keep the container tightly closed.
Do not use this medicine after the expiry date shown on the label.
Return all unused or expired medicine to your pharmacist for safe disposal.

PRESENTATION:

Container of 60 Gummies

IDENTIFICATION:

Colour: Yellow
Shape: Bear
Flavour: Raspberry

NAME AND BUSINESS ADDRESS OF THE APPLICANT:

BFC Pharmaceuticals cc
P.O Box 1581
Kloof
3640
South Africa

DATE OF PUBLICATION

January 2024

SKEDULERINGSSTATUS **S**

LIFE'S BEST KIDS MULTIVITAMIN GUMMIES

FARMASEUTIESE KLASSIFIKASIE:

Komplementêre Medisyne Kat D: Gesondheidsaanvulling 34.12 Meervoudige Stof Formulasie

Life's Best Kids Multivitamin is 'n gesondheidsaanvulling en is nie deur die SAHPRA geëvalueer nie. Hierdie ongeregistreerde medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie. Gesondheidsaanvullings is slegs bedoel om die dieet of gesondheid aan te vul.

LEES HIERDIE HELE BLAD NOUKEURIG DEUR OMDAT DIT BELANGRIKE INLIGTING VIR U BEVAT

Beskikbaar sonder 'n doktersvoorskrif.

- Hou hierdie blad. Dit mag nodig wees dat u dit weer moet lees.
- Moenie met enige ander persoon deel nie.
- Vra vir u gesondheidsorgverskaffer of apteker as u meer inligting of advies benodig.

AKTIEWE BESTANDDELE PER GUMMY

Vitamien A	220mcg (733IU)
Vitamien B2	30mcg
Vitamien B3	4mg
Vitamien B6	0.7mg
Vitamien B12	0.8mcg
Vitamien C	10mg
Vitamien D	4mcg (160IU)
Vitamien E	3mg (3IU)
Foliensuur	100mcg
Biotien	1.7mcg
Kalsium	300mcg (elementêre)
Koper AAC	3mcg
Magnesium	170mcg (elementêre)
Sink	300mcg (elementêre)

Onaktiewe bestanddele: Water, Suiker, Glukose, Pektien, Sitroensuur, Natuurlike Framboos Geur

VOORDAT U LIFE'S BEST KIDS MULTIVITAMIN GEBRUIK:

- As u ander aanvullings gebruik, lees die inligtingsblad, aangesien hierdie aanvulling moontlik dieselfde bestanddele kan bevat.
- Moenie gebruik as u oorsensitief is vir enige van die aktiewe of onaktiewe bestanddele nie.
- Laat u gesondheidsorgverskaffer weet as u ander medisyne gebruik, dit sluit komplementêre of tradisionele medisyne in.

WAARVOOR LIFE'S BEST KIDS MULTIVITAMIN GEBRUIK WORD:

'n Unieke daaglikse aanvulling geformuleer met voedingstowwe vir die handhawing van goeie gesondheid en ontwikkeling.

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

GEBRUIKSAANWYSINGS:

Kinders vanaf 1 jaar oud (wat kan kou sonder om te verstik): Kou twee (2) gummies eenmaal per dag na ontbyt. Moenie die daaglikse aanbevole dosis oorskry nie.

In geval van 'n oordosis, raadpleeg u dokter of apteker. As een van hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

Moenie 'n dubbele dosis drink om vir vergete individuele dosisse op te maak nie.

MOONTLIKE NEWE-EFFEKTE:

Gastro-intestinale ongemak: Naarheid, braking, maagpyn, hardlywigheid of diarree, swak eetlus.

Nie alle nuwe-effekte wat aangemeld is, is in hierdie inligtingsblad ingesluit nie. Indien u algemene gesondheidstoestand vererger of as u enige ongewenste effekte ervaar terwyl u hierdie medisyne gebruik, moet u onmiddellik die gebruik stop en asseblief u dokter of apteker raadpleeg vir advies.

HOE OM LIFE'S BEST KIDS MULTIVITAMIN TE STOOR EN WEG TE GOOI:

Bêre alle medisyne buite die bereik van kinders.
Bêre dit by of onder 25°C in 'n koel, droë plek.
Hou die houer stewig toegesluit.
Moenie die medisyne gebruik na die vervaldatum nie.
Gee alle ongebruikte of vervalde medisyne terug aan u apteker vir veilige verwydering.

AANBIEDING:

Houer van 60 Gummies

IDENTIFIKASIE:

Kleur: Geel
Vorm: Beer
Geur: Framboos

NAAM EN BESIGHEIDSADRES VAN DIE AANSOEKER:

BFC Pharmaceuticals cc
Posbus 1581
Kloof
3640
Suid-Afrika

DATUM VAN PUBLIKASIE

Januarie 2024